
- MGR. PETRA ŽÁKOVÁ -

ADDRESS: BOHUSLAVA MARTINŮ 16, 74101 NOVÝ JIČÍN, CZECH REPUBLIC | BORN: OCTOBER 3RD 1987
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PROFESSIONAL SUMMARY



Certified & experienced cheerleading and tumbling coach, choreographer, judge and freelance instructor with strong social skills and a positive mindset. Started and successfully grew a cheerleading program in the Czech Republic, leading her teams to several national titles, European medals and Worlds participation. Did an extensive research / master thesis on competitive cheerleading and worked with and learned from first class coaches, instructors and athletes from all over the world.



AREAS OF EXPERTISE:

- **COACHING ATHLETES** (drills, skills, progressions – all ages & levels)
- **TEACHING** (judging, rules, technique, coaching methods, management, mindset)
- **CHOREOGRAPHY** (team & stunt)
- **JUDGING** (cheerleading, performance cheer, safety, ICU, JamBrands)
- **SPORT MANAGEMENT** (organizations, clubs, events, projects)
- **MEDIA** (music and video editing, graphics, web)

EDUCATION & CREDENTIALS

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| <i>International Cheer Union</i> | Performance Cheer Judges Certification – Phase 1 & 2 (2019) Performance Cheer Rules Comprehension Course (2019) Cheerleading Rules Comprehension Course (2014, 2015, 2016, 2017, 2018) Cheerleading Safety Judges Certification (2016, 2017) Cheerleading Coaches Certification – Bronze level (2015, 2016) Cheerleading Judges Certification – Level 1 & 2 (2013, 2016) |
| <i>Czech Cheer Association</i> | Coaches University – License B (2021) Cheer Judges Course (2018, 2019) Cheer Levels Clinic University (2017, 2018, 2019) Coaches University – License C (2018) FCC & ČACH Cheerleading Coaches Course (2010) |
| <i>Varsity</i> | Varsity Coaches Conference (2016, 2017) |
| <i>Czech Gymnastics Federation</i> | Gymnastics & Tumbling Coaches Certification – License C (2016) |
| <i>Masaryk University Brno</i> | Master's Degree in Sports Management (2016) Coaches Certification in Scientific Basis of Sports Training (2014) Bachelor's Degree in Media and European Studies (2013) |
| <i>Institute of Czech Cheerleading</i> | FCC & ICC Cheerleading Coaches Workshop (2013) ICC Cheerleading Coaches Certification – Basic, Advanced (2012) |

CHEERLEADING EXPERIENCE

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| <i>International / European Cheer Union</i> | ECU Rules Committee (2020-present) European Cheer League Steering Committee (2020-present) Worlds & Europeans safety judging experience (2017-2019) Cheerleading & Performance Cheer Safety Judge (2016-present) Cheerleading & Performance Cheer Judge (2013-present) Worlds & Europeans shadow judging experience (2014-2016) |
| <i>Freelance</i> | Cheer Clinics (2016-present) Private Coaching (Tumbling) (2016-present) |
| <i>Czech Cheer Association</i> | Strategic Planning & Development Committee (2019-present) National Cheer Judges Education & Certification Program (2018-present) Lecturer (2017-present) Technical & Rules Committee (2016-present) Vice President (2012-2013) Czech National Team Manager & Assistant Coach (2012-2013) Instructor for Athletes and Coaches (2009-2013) Spirit Cheer Team Member – Got Talent Semifinals (2010) Czech National Team Member (2009-2012) |
| <i>FunTime Athletics Nový Jičín</i> | IASF Cheerleading Worlds – International Open Small Coed L5 Coach (2019) Competition & Event Manager (2010-present) Head Coach and Choreographer – all ages (2008-present) Founder, Owner, Manager, PR (2008-present) Competitive Cheerleader (2008-2011) |
| <i>Central Cheerleading Agency</i> | AllStar / Jam Brands Judge (2016-present) |
| <i>Varsity</i> | Event Ambassador (2015-2017) |
| <i>Czech Cheerleading Union</i> | President (2016-2017) Board Member, Educational & Technical Director (2013-2016) Instructor for Athletes, Coaches and Judges (2013-2016) |
| <i>SK Cheerleaders Nový Jičín</i> | Assistant Manager, Coach, Choreographer (2002-2007) Sideline / Competitive Cheerleader (2000-2007) |

ADDITIONAL ABILITIES & EXPERIENCE

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| <i>Town of Nový Jičín</i> | Sports Committee (2018-present) |
| <i>Quantum Theory of the Matrix</i> | Quantum Transformation & Quantum Therapy (2017) |
| <i>Taping School</i> | Basic Kinesiotaping Certification (2017) |
| <i>Driver's Licence</i> | "B" (2005) |
| <i>Languages</i> | English (<i>fluent</i>) Slovak (<i>advanced</i>) French, German (<i>basic</i>) |

CHEER JUDGING RESUMÉ

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| <i>X-mas Online Cheer Cup (virtual)</i> | 2/2021 | Czech Rep. |
| <i>Summer Online Cheer Cup (virtual)</i> | 9/2020 | Czech Rep. |
| <i>NJ Cheer Virtual Open (virtual)</i> | 6/2020 | Czech Rep. |
| <i>Online Cheer Cup (virtual)</i> | 4/2020 | Czech Rep. |
| <i>Sparkling Cheer Cup</i> | 12/2019 | Czech Rep. |
| <i>Basta Cheer Cup</i> | 12/2019 | Czech Rep. |
| <i>Christmas Cheer Cup</i> | 11/2019 | Austria |
| <i>Norwegian Open</i> | 11/2019 | Norway |
| <i>Bayern Cheer Masters</i> | 7/2019 | Germany |
| <u><i>ECU Europeans</i></u> | 6/2019 | Russia |
| <i>Open Air Cup</i> | 6/2019 | Czech Rep. |
| <i>Dutch Nationals</i> | 6/2019 | Netherlands |
| <i>Austrian International Open</i> | 6/2019 | Austria |
| <i>Czech Small Divisions Nationals</i> | 6/2019 | Czech Rep. |
| <i>Gardaland Cheer Open</i> | 5/2019 | Italy |
| <i>Czech Nationals</i> | 5/2019 | Czech Rep. |
| <i>Polish Nationals</i> | 5/2019 | Poland |
| <i>Slovenian Nationals</i> | 4/2019 | Slovenia |
| <i>Norwegian Nationals</i> | 3/2019 | Norway |
| <i>Winter Open</i> | 1/2019 | Norway |
| <i>Christmas Cheer Cup</i> | 12/2018 | Austria |
| <i>Basta Cheer Cup</i> | 12/2018 | Czech Rep. |
| <i>German Cheer Masters</i> | 12/2018 | Germany |
| <i>Spirit Cher Cup</i> | 11/2018 | Czech Rep. |
| <u><i>ECU Europeans</i></u> | 6/2018 | Finland |
| <i>Safari Open Air</i> | 6/2018 | Czech Rep. |
| <i>Austrian International Open</i> | 6/2018 | Austria |
| <i>Small Divisions Nationals</i> | 6/2018 | Czech Rep. |
| <i>Slovenian Nationals</i> | 4/2018 | Slovenia |
| <i>Belarusian Nationals</i> | 4/2018 | Belarus |
| <i>Rollercoaster Cheer Cup</i> | 3/2018 | Czech Rep. |
| <i>Evolution Cheer Battle</i> | 1/2018 | Czech Rep. |
| <i>Basta Cheer Cup</i> | 12/2017 | Czech Rep. |
| <i>BaWü Cheer Masters</i> | 11/2017 | Germany |
| <i>Spirit Cheer Cup</i> | 11/2017 | Czech Rep. |
| <i>Norwegian Open</i> | 11/2017 | Norway |
| <i>Polish Worlds Qualification</i> | 10/2017 | Poland |
| <i>Open Polish Cheer Cup</i> | 10/2017 | Poland |
| <u><i>ECU Europeans</i></u> | 6/2017 | Czech Rep. |
| <i>Summer Cheer Masters</i> | 6/2017 | Germany |
| <i>Slovenian Nationals</i> | 5/2017 | Slovenia |
| <i>Czech Nationals</i> | 5/2017 | Czech Rep. |
| <u><i>ICU Worlds</i></u> | 4/2017 | USA |
| <i>Small Division Nationals</i> | 4/2017 | Czech Rep. |
| <i>Belarus Open Championship</i> | 4/2017 | Belarus |
| <i>Polish Nationals</i> | 3/2017 | Poland |
| <i>Rollercoaster Cup</i> | 3/2017 | Czech Rep. |
| <i>Basta Cheer Cup</i> | 12/2016 | Czech Rep. |
| <i>German Cheer Masters</i> | 12/2016 | Germany |
| <i>Spirit Cheer Cup</i> | 11/2016 | Czech Rep. |
| <i>Austrian Nationals</i> | 11/2016 | Austria |
| <i>Austrian National Cup</i> | 11/2016 | Austria |
| <u><i>ECU Europeans (shadow)</i></u> | 6/2016 | Austria |
| <i>Cheer Cup Hradec</i> | 6/2016 | Czech Rep. |
| <i>Spirit Fever Open (shadow)</i> | 3/2016 | Switzerland |
| <i>Basta Cheer Cup</i> | 12/2015 | Czech Rep. |
| <i>CCU Open Championship</i> | 6/2015 | Czech Rep. |
| <i>Cheer Cup Ústí</i> | 2/2015 | Czech Rep. |
| <i>CCU Open Championship</i> | 6/2014 | Czech Rep. |
| <u><i>ICU Worlds (shadow)</i></u> | 4/2014 | USA |
| <i>Liberec Cheer Cup</i> | 12/2012 | Czech Rep. |