



COMPETITION SHEET

SPARKLING CHEER CUP 2023 - VIRTUAL



This cheerleading competition, organized by the Czech cheerleading association (ČACH), is intended for ČACH registered Clubs and International Guests. Competition is included in Czech national Cheer League (CNCL).

Sparkling Cheer Cup 2023 is held in **virtual form**. This form offers to participate also teams from abroad, time spent on the travel are eliminated, and moreover the team get great detailed feedback from international judges. You can perform your performance in your gym or other sufficient environment without any additional travel expenses. Also, the fees of this kind of competition is lower.

The process:

- **register till 1. 12. 2023, 12:00** (please contact cach@cach.cz, registrace@cach.cz)
- **make a video** with the routine in your gym. For Cheer division the proper mat Flexi Roll is required.
- **10. 12. 2023, 12:00** send us the video using google from [GOOGLE FORM](#)
Name your video: Performance number (according to the list of participants, after 1/12/2023)_Division abbreviation_Group name. (It is possible to send competition videos gradually, on different dates within the Club)
- videos will be judged by czech and famous international judges 16. 12. 2023, you get great detailed feedback from them!
- results will be published online on in the week **17. - 20. 12. 2023** (will be specified later)
- **new custom xmas medals** will be sent by post right after the result announcement

Web: <https://www.cach.cz/souteze/sparkling-cheer-cup-2023.php>

Competition Deadlines

1. 12. 2023 - Deadline for the registrations,

10. 12. 2023 - Deadline for:

- uploading of video thru [google form](#)
- inevitable roster changes,
- registration or deregistration of competing groups already registered
- from 1. 12. 2023 storno fee 100%

Registration fees (per person)

- 8 EUR participation in 1 division
- +4 EUR for any other division,
- 0 EUR - Coach

Rules

Participants must follow these separate documents:

- [General Competition Rulebook ČACH](#)
- [Ages and Levels document 2023/2024](#)
- Competition Sheet SCC 2023
- [Scoresheets](#)
- Safety rules ČACH 2022/23 ([Cheer Levels](#), [Performance](#).)

Current versions of all documents are available at www.cach.cz.

(Note: Czech rule documents follow ECU Rules, Levels and Scoresheets.)



Follows list of open divisions

- TEAM CHEER: Mini (Level 1, Level 2), Primary (Level 1, Level 2, Level 3), Youth All Girl (Level 2, Level 3, Level 4), Youth Coed (Level 2, Level 3, Level 4), Junior All Girl (Level 3, Level 4, Level 5), Junior Coed (Level 3, Level 4, Level 5), ALL GIRL (earlier Senior, Level 4, Level 5, Level 6), COED (earlier Senior, Level 4, Level 5, Level 6),
- GROUP STUNTS: Mini (Level 2), Primary (Level 3), Youth ALL GIRL (Level 4), Youth COED (Level 4), Junior ALL GIRL (Level 5), Junior COED (Level 5), ALL GIRL (earlier Senior, Level 6), COED (earlier Senior, Level 6)
- PARTNER STUNTS: Junior COED (Level 5), COED (Level 6)
- TEAM PERFORMANCE: Mini (Freestyle), Primary (Freestyle), Youth (Freestyle, Hip Hop), Junior (Freestyle, Hip Hop, Jazz), Team Performance (earlier Senior, Freestyle, Hip Hop, Jazz)
- PERFORMANCE DOUBLES: Mini (Freestyle), Primary (Freestyle), Youth (Freestyle, Hip Hop), Junior (Freestyle, Hip Hop, Jazz), Performance Doubles (earlier Senior, Freestyle, Hip Hop, Jazz)
- TEAM CHEER: Baby (Level 0), TEAM Parents, Open AGE (Level 1, Level 2, Level 3, Level 4)
- INDIVIDUAL: Mini (Level 2), Primary (Level 3), Youth ALL GIRL (Level 4), Youth COED (Level 4), Junior ALL GIRL (Level 5), Junior COED (Level 5), ALL GIRL (earlier Senior, Level 6), COED (earlier Senior, Level 6)
- TEAM PERFORMANCE: OPEN AGE PERFORMANCE (Freestyle, Hip Hop, Jazz)
- SHOW

Age groups

- MINI: 5-9YR: 2015-2019
- PRIMARY: 7-13YR: 2011-2017
- YOUTH: 11-16YR: 2008-2013
- JUNIOR: 14-19YR: 2005-2010
- MAIN DIVISION (earlier senior): 15+ YR: ... 2007, 2008, 2009
- PARENTS: 18+: ..., 2005, 2006
- OPEN AGE CHEER: Level 1, Level 2: 5-15YR: 2008 – 2019
- OPEN AGE CHEER: Level 3: 8-19YR: 2005 – 2016
- OPEN AGE CHEER: Level 4: 12+ YR: ... 2010, 2011, 2012
- OPEN AGE PERFORMANCE (Freestyle/HH/Jazz): 5+ YR: ... 2017, 2018, 2019
- SHOW: 3+ YR: ... 2019, 2020, 2021
- BABY: 3-7YR: 2017 - 2021

COMPETITION VIDEO RULES:

- .MP4 format
- Video recording max. 4 min.
- Static recording without video movements or shaking. We recommend using a tripod.
- The recommended environment for shooting videos is well-lit and has a uniform background with no distractions. Record video in high quality.
- The video must be filmed in the 2023/24 season. To confirm, show the SCC2023 sign at the beginning of the video.
- The video must consist of one recording in one piece, it must not be edited from multiple attempts.
- Prohibition of post-production video editing. It also applies to lyrics like group name etc..
- All participating athletes must be visible in the video.
- Video size:
 - **Team divisions, Doubles and Individuals** - the entire competition area must be visible on the width of the video for the entire duration of the performance.
 - **Group stunts and Partner stunts** - vertically. The group must be shot from the front.

- Name of the video file: Performance number **Performance number (according to the list of participants, after 1/12/2023)_Division abbreviation_Group name**
- We recommend using background music. The background music must be sufficiently audible in the video. We recommend adding background music to the video afterwards. Beware of loud cheering or comments near the microphone.
- **In case of violation of some video requirements, the safety judge may award a penalty of 1-5 points for each judge.**
- We recommend shooting the video no later than 2 weeks before the competition, so that you have the opportunity to repairs. The video itself will only be checked by the safety judge on the day of the competition, it will not be checked by the organizer when it is sent.

General rules

By registering for the event, the participant automatically agrees with the Rules of Sparkling Cheer Cup 2023 and other instructions from organizer. In case of unforeseeable phenomena and facts, technical difficulties or other obstacles, the organizer of the competition reserves the right to interrupt the competition for a necessary length of time or to cancel it completely. By sending the competition application, the Club undertakes to respect the competition rules in their entirety, the ČACH competition rules and other instructions and guidelines of the competition organizer. By submitting the application, the participant consents to the processing and publication of the submitted video and photos on the ČACH website, social networks, etc.

These rules are issued by the © Czech Association of Cheerleaders, as well as within the framework of European and world regulations. The rules are subject to Copyright Act No. 121/2000 Coll. as amended.

Typos, errors and changes reserved.