



# SPRING CHEER CUP QUALIFICATION COMPETITION SEASON 2025/2026



09. 4. 2026, online



# COMPETITION SHEET

Spring Cheer Cup 2026 is a competition in sports cheerleading organized by the Presidium of the Czech Association of Cheerleaders, z.s. ("ČACH").

- The competition is intended for registered members of ČACH for a given Club and foreign guests.
- The competition is a league competition included in the two-tier competition system of the Czech National Cheer League 2025/2026.
- The competition will take place in a virtual format.

## ENTRY RULES AND COMPETITION PROCESS:

- Register till **March 9th 2026, 12:00**, please contact [registrace@cach.cz](mailto:registrace@cach.cz).
- Upload your video till **April 9th 2026, 12:00** via Google Form [HERE](#).
  - Along with the video, please upload **a photo of the competition group and a delivery address for possible sending of the award.**
- **The video title of the competition group must be in the following format:** Performance number (according to List of participants, after March 9th 2026)\_Division abbreviation\_Group name.
  - You don't need to submit all videos at once.
- Judges from both the Czech Republic and abroad will score your routine and add **a written commentary with recommendations.**
- Results will be published online on **April 15th 2026** on TV.ČACH and on Instagram [@CACH\\_life](#).
- After the results are announced, the awards will be sent by post.

Competition website: <https://www.cach.cz/souteze/spring-cheer-cup-2026.php>

## REGISTRATION:

- Via [registrace@cach.cz](mailto:registrace@cach.cz)
- If you have any questions about registration/login, please contact ČACH via email [registrace@cach.cz](mailto:registrace@cach.cz)

## LIST OF COMPETITION DATES

**March 9th 2026, 12:00** – deadline for registration of Clubs, competition groups

**April 9th 2026, 12:00** – deadline for:

- uploading of video via [Google form](#),
- inevitable Competitors changes,
- deregistration of competing groups already registered (via [registrace@cach.cz](mailto:registrace@cach.cz)).

**April 15th 2026** – announcement of results on TV.ČACH and IG [@CACH\\_life](#)



## COMPETITION FEES:

- 8 EUR for 1st division – Competitor, Substitute
- +4 EUR for each additional division
- 0 EUR coach of the competing group

## CANCELLATION FEES:

- Cancellation of a participant or club **before March 9th 2026** – 0% cancellation fee
- Cancellation **after March 9th 2026** – 100% cancellation fee

(The cancellation fee applies even if the invoice has already been issued or paid. Changing the competing athlete is not considered a cancellation.)

## RULES:

This competition is governed by all documents arising from the ČACH Competition Rules and their related annexes, together with the details provided in this Competition Card. The current versions of all documents are available at [www.pravidla.cach.cz](http://www.pravidla.cach.cz).

The Virtual Competition Guidelines, which describe the specific requirements for competitions held in a virtual format, apply in particular to virtual events.

## VIDEO REQUIREMENTS:

- **Format:** MP4
- **Length:** max. 4 minutes
- **Recording:** Static shot, tripod recommended (no shaking, cuts, or edits).
- **Angle:** Filmed from the front; all athletes must be visible at all times.
- **Season validity:** The video must be recorded in the current season. At the beginning of the video, show a sign with the name and year of the competition.
- **Post-production:** No post-production edits allowed (texts, effects, cuts).
- **Orientation:**
  - Teams, Doubles: **landscape orientation** (horizontal), entire floor visible
  - Group Stunts, Partner Stunts: **portrait orientation** (vertical)
- **File name:** PerformanceNumber\_DivisionAbbreviation\_GroupName.MP4

## PENALTIES:

In case of violation of certain video requirements, the safety judge may penalize 1-5 points per judge.



## VIDEO RECORDING RECOMMENDATIONS:

- Loud music track, pay attention to the microphone and surrounding noise.
- Well-lit environment with a uniform background.
- High video quality.
- For cheer divisions, the FlexiRoll surface is mandatory.
- Recommended to record in advance (at least 2 weeks before the deadline).
- Video checks will be conducted by the safety judge on the competition day (the organizer does not review videos upon submission).

## GENERAL RULES:

By registering for the event, the participant automatically agrees with the Rules of Spring Cheer Cup 2026 and other instructions from organizer. In case of unforeseeable phenomena and facts, technical difficulties or other obstacles, the organizer of the competition reserves the right to interrupt the competition for a necessary length of time or to cancel it completely. By sending the competition application, the Club undertakes to respect the competition rules in their entirety, the ČACH competition rules and other instructions and guidelines of the competition organizer.

By submitting the application, the participant consents to the processing and publication of the submitted video and photos on the ČACH website, social networks, etc.

These rules are issued by the © Czech Association of Cheerleaders, as well as within the framework of European and world regulations. The rules are subject to Copyright Act No. 121/2000 Coll. as amended. Typos, errors and changes reserved.